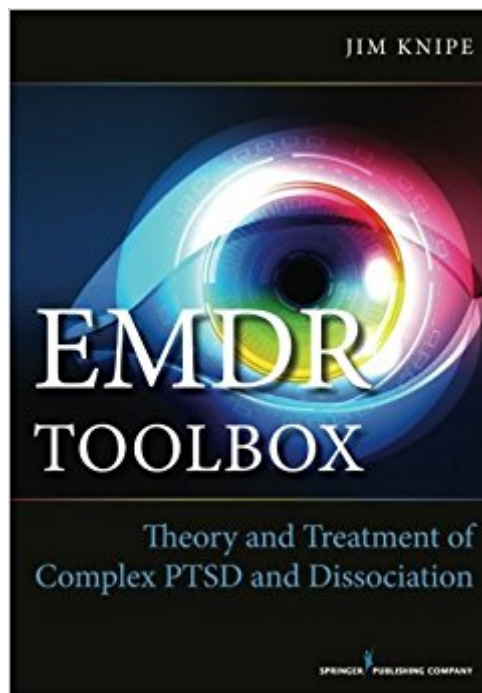




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EMDR Toolbox: Theory And Treatment Of Complex PTSD And Dissociation



Synopsis

[R]eading this book has given me a whole host of new ideas about working with complex and dissociative clients... Clear and engaging, peppered with relevant case histories, this book would make an important addition to anyone's EMDR-related book collection." -- Dr. Robin Logie, EMDR UK & Ireland

This book is the first to bring together in one volume an overview of the principal issues in treatment of dissociative disorders in complex PTSD, and a description of the integration of specific EMDR-related interventions or "tools" with other psychotherapeutic treatments. These tools can significantly extend the therapeutic power of EMDR-related methods. Each intervention is examined in detail with accompanying transcripts illustrating the nuances and variations in how the intervention is applied. It is written by a highly esteemed EMDR scholar, trainer, international speaker, and author who is an EMDRIA-designated "Master Clinician." The book discusses how the concepts and vocabulary of other models of dissociation (particularly the Theory of Structural Dissociation of the Personality, and the Internal Family Systems model) translate directly into EMDR's Adaptive Information Processing language. It presents detailed descriptions of specific EMDR-related tools that are useful in facilitating and safely accelerating therapeutic progress with clients suffering from Complex PTSD. These include such standard EMDR procedures as Trauma Processing and Resource Installation, several conceptual/cognitive/phenomenological models of dissociative personality structures and symptoms, and specific EMDR interventions for resolving dysfunctionally stored post-traumatic elements. The book will be of great value to therapists who wish to extend their use of basic EMDR with "easier" clients to using it effectively with more complex clients.

Key Features:

- Provides a theoretical framework to guide assessment and treatment of clients with Complex PTSD
- Serves as a "hands-on" resource for using specific EMDR procedures
- Describes each intervention in detail, illustrating the nuances and variations in different applications
- Includes specific "AIP" tools, actual therapy scripts, and client drawings
- Covers DSM-V PTSD criteria

Book Information

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Customer Reviews

Jim Knipe, PhD, has been a licensed psychologist in private practice in Colorado, USA since 1976 and has been using EMDR since 1992. He is an EMDR-HAP Trainer, an EMDRIA Approved Consultant and Instructor, and was designated a "Master Clinician" by EMDRIA in 2007. He was a Keynote speaker at the 2010 EMDRIA conference, and was an invited guest speaker at the 2006 and 2007 EMDRIA Annual Conferences, the 2006, 2008 and 2012 EMDR-Europe Annual Conferences, the 2010 EMDR Asia Conference, and national EMDR conferences in Denmark, Germany, Scotland, Italy, Belgium, Sweden, Spain, The Netherlands, Turkey, and Japan. He has been involved with the EMDR Humanitarian Assistance Programs, serving on the Board of Directors and as Research and Training Director, and has also been involved in HAP programs in Oklahoma City, Turkey, New York (following 9/11), the Palestinian Territories, Sri Lanka and Indonesia. In addition, he is a co-author of published outcome research documenting the effects of EMDR with survivors of 9/11 and with those traumatized by the 1999 Marmara earthquake in Turkey. Dr. Knipe has contributed chapters to EMDR Casebook (2002), EMDR Solutions, Volumes I and II (2005, 2007), Healing the Heart of Trauma and Dissociation (2007), EMDR Scripted Protocols: Special Populations (2009), and EMDR and Dissociation (2012).

James Knipe. What can I say. He's amazing.

This book has provided such insight to my life and now my treatment.

This book have been emensly helpful in my work with DID and addiction populations, as a therapist I highly recommend this book

Wonderful resource to treat individuals who dissociate and who have complex trauma.

Jim Knipe presents very complex therapeutic elements in a manner that makes them very understandable.

This is a book I had been waiting for, after having attended James's presentations at EMDRIA Conferences. I have a few very dissociative clients, and it has really helped me organize my practice.

Excellent resource for anyone trained in EMDR & interested in perfecting their EMDR skills. I recommend.

This is a godsend to dedicated EMDR Therapists. James Knipe has developed modifications to the original EMDR protocol that are powerful and very effective.

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